














Where to get help



It is important to **get help early** if you see signs of school disengagement. This helps young people to connect with school.

There are services that support young people to engage with school. You can talk to:

headspace		1800 650 890
		www.headspace.org.au
The Navigator Program		03 8904 2545
		www2.education.vic.gov.au/pal/navigator-program/policy
EACH		1300 003 224
		www.each.com.au
Centre for Multicultural Youth (CMY)		Casey: 03 8594 1566 Dandenong: 03 8594 1561
		Website: www.cmy.net.au
Greater Dandenong Youth Services		03 9793 2155
		www.youth.greaterdandenong.vic.gov.au
Casey Youth Services		03 9705 5200
		www.casey.vic.gov.au/youth-services
Cardinia Youth Services		1800 496 884
		cardinia.vic.gov.au/info/20055/children_and_youth/98/youth_services#section-2-youth-programs--services-and-support-we-offer

There are also people working at school who can help. You can talk to:



- Wellbeing staff or a school chaplain
- A trusted teacher
- School counsellor or psychologist

School disengagement can sometimes happen because of **things outside of school**. These organisations can help:



Family breakdown

Orange Door



1800 271 170



www.orangedoor.vic.gov.au



Unstable housing

Launch Housing



1800 825 955



www.launchhousing.org



Alcohol or drug use

Taskforce



03 9532 0811



www.taskforce.org.au



**Mental health
concerns**

headspace



1800 650 890



www.headspace.org.au