

Helping your child to engage with school



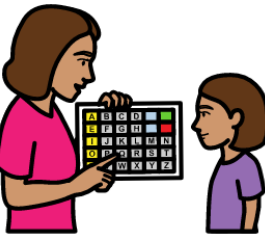
There are many ways to support young people to engage with school.

If you are a **parent** or **carer**, you can:



- **Support your child with their homework.** You can:

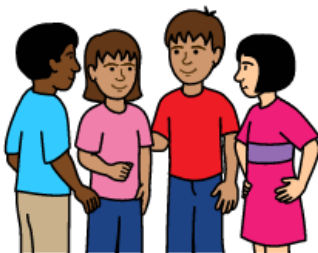
- Give them a quiet place to study



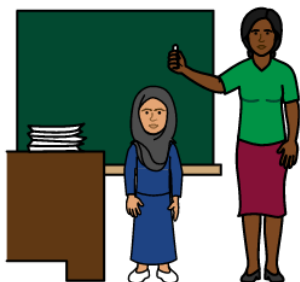
- Help with their learning if you can



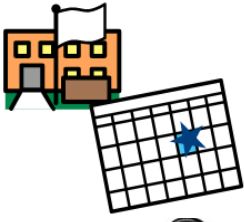
- Ask for help from the school, family, or friends



- **Encourage your child to make friends at school**



- **Help your child to have good relationships with teachers and other school staff**



- **Get involved in the school community.** You can:
 - Go to events at school
 - Speak with the teachers. You can meet them, speak on the phone, or email them. Ask your school about the best way to contact teachers.



- **Support your child to do things they enjoy like sport, art, or dance.**



- **Help them to feel safe and comfortable at home.**



- **Help your child to stay well.** You can:

- Talk to them about mental health



- Support your child to see a counsellor, psychologist, or doctor