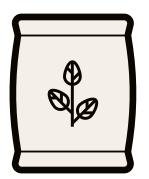


## Your 'Grow Together' kit contains:



1 x bag of premium potting mix





1 x planter bag

1 x organic liquid fertiliser



Lettuce seeds



Spring onion seeds





## How to set up your planter kit:

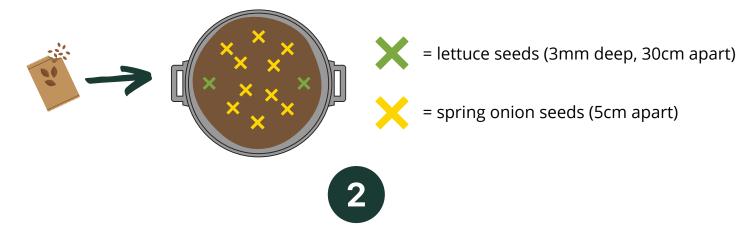
1.Find a sunny spot outside to set up your planter kit. Your plants need 6-8 hours of sunlight each day.



2. Open the bag of potting mix and pour it into the planter bag.



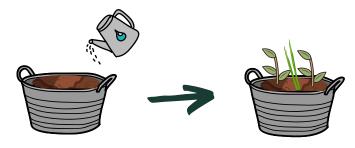
3. Place each seed into the soil, spaced out evenly. Cover the seeds with soil. Store your leftover seeds in an airtight container.





## How to set up your planter kit:

4. Water the seeds. Your seeds will start to germinate (sprout) in around 7-10 days.



5. Once your seeds have germinated, you can fertilise your plants. Mix 27ml of fertiliser (Seasol) with 3 litres of water into a watering can or jug.

+



27ml fertiliser



3 litres water



- watering can
- 6. Water your plants with the fertiliser and water mixture.





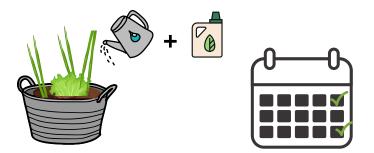


## How to look after your planter kit:

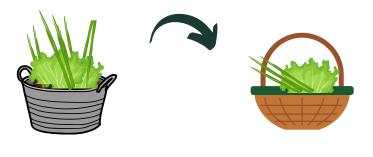
7. Water your plants every day for three weeks. After 3 weeks, you can water them every second day.



8. Water your plants with the fertiliser mixture every 2 weeks.



9. Your plants will be ready to harvest in 8 - 10 weeks.

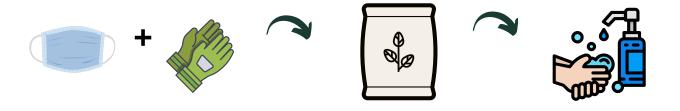






# Other information:

• Be careful when touching potting mix. Wear a mask and gloves if you have them, and wash your hands with soap and water after setting up your planter kit.



• Store your fertiliser away from children, and in a cool, dark place. Wash your hands after use.



• When your plants are ready to harvest, do not pull out the entire plant. You can cut or pinch off the stems or leaves you want to use near the base of the plant, and the plant will regrow new leaves and stems.







#### Want to learn more about growing food at home?

• Download beginner-friendly resources:



• Join *Food from Home's* online community:



• Find your local community garden:



• Follow Food from Home on Facebook:



