

# Health Promotion Charter

### **South Coast Primary Care Partnership**

The health and wellbeing of all employees is a priority for the South Coast Primary Care Partnership and we recognise the importance of providing an environment that promotes and nurtures the physical, mental, emotional and social wellbeing of all individuals.

#### We commit to:

- · Promoting positive health and wellbeing of all employees,
- · Providing an inclusive and health promoting environment,
- Providing opportunities that enable employees and their families to enhance their health and wellbeing,
- · Encouraging member agencies to actively promote a culture of positive health and wellbeing.

## We will work to ensure that action on health and wellbeing is integrated into:

- · Meetings, forums and events
- · Workplace health programs
- · South Coast Primary Care Partnership plans and policies
- · Partnerships with member agencies

#### We will achieve this through:

#### Healthy Culture:

- · Actively encouraging and supporting employee health and wellbeing
- · Management modelling healthy behaviours
- · Encouraging member agencies to create a healthy culture

#### Healthy Physical Environment:

· Provide workspaces that protect and enhance staff health and wellbeing

#### **Healthy Community Connections:**

• Supporting our employees and member agencies to access services and support

#### Health and Wellbeing Opportunities:

· Providing opportunities for our employees and their families to participate in health and wellbeing activities

Melanie Hibbins

**Executive Officer** 

**Daniel Smith** 

Steering Committee Chair