

Yarra Ranges snapshot

Key data from the 2017 Health and Wellbeing Needs of Older People in the Eastern Region of Melbourne

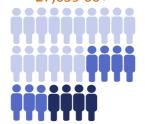






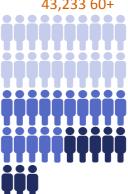
60+ years population increasing:

2011 27,659 60+



56% increase

2026















Eastern Metropolitan Region:

65,980

Estimated population with dementia by 2050

76%

Females 75+ years living alone

42%

60+ year olds don't meet fruit or vegetable guidelines 33%

60+ year olds don't meet physical activity guidelines 24%

60+ year olds speak a language other than English 631

Per 1,000 65+ year olds on pension













Eastern Metropolitan Region:

38%

60+ year olds have completed post-secondary education 24%

60+ year olds are still in employment 18%

65+ year olds need assistance with 3 or more activities 12%

65+ year olds have a severe /profound disability 20%

60+ year olds drink alcohol atrisk levels (short term harm) 18%

60+ year olds paying mortgage or renting

Symbol colours:

Personal characteristics

Health characteristics

Health behaviours

Social & community networks

Age friendly cities

	Yarra Ranges				
EMR* * Eastern Metropolitan Region	60+ years	80+ years	70-79 years	60-69 years	
Similar to regional average	21%	10%	21%	24%	Volunteer
Similar to regional average	13%	6%	11%	16%	Provide unpaid assistance to people with a disability
Similar to regional average	19%	13%	24%	15%	Self-report poor health
Similar to regional average	20%	18%	25%	14%	Categorised as obese
80+ higher than average for eastern region (102.9)	64.3	141.5	72.4	39.6	Emergency Department Presenta- tions total rate/1,000
21.0 80+ highest in eastern region	25.7	70.9	21.9	16.0	EDP due to falls rate/1,000
Similar to regional average	10%	14%	12%	7%	Diabetes prevalence
Similar to regional average	18%	30%	19%	14%	Heart disease
Similar to regional average	16.7	30.1	16.0	13.6	Cancer diagnosis rate / 1,000
Similar regiona average 17% Similar regiona average 80+ high than average for easter region (10) 21.0 80+ high eastern region (10) 12% Similar regiona average Similar regiona average	19% 20% 64.3 10% 18%	13% 18% 70.9 14% 30%	24% 25% 72.4 21.9 19%	15% 14% 39.6 7% 14%	to people with a disability Self-report poor health Categorised as obese Emergency Department Presentations total rate/1,000 EDP due to falls rate/1,000 Diabetes prevalence Heart disease Cancer diagnosis

