

Central Highlands* COVID-19 Emergency Food Relief Guide

* This information has been collected from sources within the City of Ballarat, Moorabool Shire Council, Hepburn Shire Council and Golden Plains Shire. Many thanks to all our partners for their assistance.

Service	Victoria Wide Information			
Victoria's Coronavirus Hotline	If you are concerned about Coronavirus or have any questions please contact Victoria's Coronavirus hotline on 1800 675 398			
Victorian Government Emergency Relief Packages	<p>The program is to support people in mandatory self-isolation, who have little or no food, and no network of family and friends to support them.</p> <p>Each eligible household will receive a two-week supply of essential goods.</p> <p>Food packages will include items such as long-life milk, pasta, cereal, canned vegetables and sugar.</p> <p>Personal care packages will also be distributed to eligible households and include soap, toothpaste and deodorant. Additional items may also be provided depending on the needs of the household, such as nappies or baby formula.</p> <p>The packages will be delivered door-to-door.</p> <p>The emergency relief program is for those in mandatory self-isolation only. To qualify for support you must answer yes to one of these questions:</p> <ul style="list-style-type: none"> • Have you been diagnosed with the Coronavirus? • Have you been in contact with someone with Coronavirus in the past 14 days? • Have you been advised by a health professional that you must self-isolate (for example has your GP or medical clinic advised by phone you must do so)? <p>Packages can be accessed by calling Victoria's Coronavirus hot-line on 1800 675 398. Those contacting the hotline may have their details recorded and passed on to their relevant local government. The hotline can also refer people to other support services if needed.</p>			
	Central Highlands Information			
	City of Ballarat	Moorabool Shire	Hepburn Shire	Golden Plains Shire
Health Organisation Services	<p>Ballarat Community Health</p> <p><u>Second Bite food swap</u> – fresh produce</p> <ul style="list-style-type: none"> • Lucas site- 12 Lilburne St Monday, Wednesday and Thursday 11am – 5pm • Sebastopol site- 260 Vickers St Friday 11am – 5pm <p>Available to everyone, no registration required - currently closed till further notice</p>	<p>Ballan District Health and Care</p> <p><u>Emergency Food Relief</u> – The Food Bank is run Monday – Thursday 9-5pm and is accessible by <u>appointment only</u>. Families and individuals can access the food bank once a month for food relief. There are no costs/fees and no eligibility criteria.</p> <p>To make an appointment contact reception on details below:</p> <p>164 Inglis Street, Ballan VIC 3342 (03) 5366 7999 / reception@bdhc.com.au http://www.ballanhealth.com.au</p>	<p>CHRH Emergency Relief</p> <p>Central Highlands Rural Health provides food and fuel vouchers Monday to Friday in business hours, for those who are not financially able.</p> <p>People need to see a welfare or social worker for approval prior to vouchers being distributed - not available after hours or on weekends/public holidays.</p> <p>For further information contact 5321 6550</p>	<p>Ballarat Community Health</p> <p><u>Second Bite food swap</u> – fresh produce</p> <ul style="list-style-type: none"> • Lucas site- 12 Lilburne St Monday, Wednesday and Thursday 11am – 5pm • Sebastopol site- 260 Vickers St Friday 11am – 5pm <p>Golden Plains residents are able to access this service individually or if unable to travel to pick up goods can contact Council and seek support. Available to everyone, no registration required - currently closed till further notice</p>

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<p>Food & Vouchers</p>	<p>Salvation Army - food and vouchers <u>Emergency Relief</u>- No face to face appointments: Telephone 53370600 to arrange a phone interview and assessment, Mon – Fri 9:15am – 2:15pm. Bread and fruit able to be collected at the front of Reception Mon – Fri 9:15am -2:15pm <u>Café 102</u> – Hot takeaway main meal to be collected outside at the front of the Reception area. Tuesdays & Thursdays 12noon 102 Eureka Street, Ballarat</p> <p>Uniting Care - food and vouchers Emergency Relief for those on low income or immediate financial crisis. Book in person or phone 5332 1286 at 9am at reception for an appointment (appointments fill fast) Monday – Friday 105 Dana Street, Ballarat</p> <p>St Vinnies - food and vouchers (and funding for medical scripts and MYKI top-ups) To organise a home visit for assistance call and leave a message on 5334 2844 someone will contact you.</p> <ul style="list-style-type: none"> • 6 Dawson Street South, Ballarat. 10am – Midday Closed till further notice • 15 Violet Grove, Wendouree 9.30am- 11.30am Closed till further notice <p>Anglicare Victoria, Emergency Relief - food and vouchers</p> <ul style="list-style-type: none"> • 14 Victoria Street, Bakery Hill. Monday – Thursday 10.30am – Midday 	<p>The Neighbour’s Place (TNP) is a Christian not-for-profit organisation whose aim is to serve disadvantaged and at-risk people of the Moorabool Shire without prejudice or judgement. They will happily assist those who require emergency food and referral information for any resident of the Moorabool Shire who is unable to purchase adequate food because of financial hardship. While the Foodbank is usually accessed by Centrelink cardholders, others on low incomes are eligible.</p> <p>Via telephone appointment only, with delivery of food relief to residence during the pandemic.</p> <p>Opening Hours: 9.30am to 3pm (Monday, Wednesday and Friday) School holidays – 9.30am to 12.30pm (Monday, Wednesday and Friday) Closed public holidays. 77 Main Street, Bacchus Marsh VIC 334 (03) 5367 6222 / email: neighbourspl@iinet.net.au Or visit http://www.neighboursplace.org.au/</p> <p>Bacchus Up To Pay It Forward (BUTPIF) – Food Vouchers BUTPIF is working with local charitable organisations and local businesses to provide free meal vouchers to community members identified as in need or at risk. The project intends to supplement need within the community, particularly at times where local foodbanks or crisis funds are not readily accessible. Community members are able to contribute donations towards to the project at a number of local businesses. Vouchers are redeemable at selected food outlets in Bacchus Marsh and Darley (wherever a BUTPIF sign is</p>	<p>Anglicare, Creswick and Clunes- providing essential items such as tinned food. Anglicare Food Assistance Program providing essential non-perishable food items. Call hotline 5333 0600.</p> <p>Daylesford Good Grub Club - food Urgent food relief hampers to anyone needing help. Will deliver <u>to anyone and anywhere in the Shire in need</u>. No other criteria required at this time. Will deliver to their doors on the day or the following day. Please register with Sue on 0475 430 326.</p> <p>Daylesford Community Church - Pop-up kitchen serving free homemade soup from fresh local produce. Every Tuesday 5-6pm at 16a Camp Street. Pre-order your free soup option using this link https://bit.ly/2K93T33 or message 0403 355 992.</p> <p>Trentham Neighbourhood Centre - Pop up food pantry available. Contact-free service – members of the community donate items here and anyone in need is free to take what they need (*similar to Meredith Primary School imitative – see next column). Donations of grocery items welcome (food, cleaning and essential items). Monday to Thursday – 9am – 4:30pm (just inside the automatic doors) Call Tania if another time is needed or for more information - 0413 191 503 66 High St, Trentham</p>	<p>The Salvation Army - Northside Geelong Community Centre - food provides emergency relief in the form of food parcels and vouchers. 92 Cox Road, Corio VIC. Clients should contact the centre on (03) 5275 7771 prior to attending to get further information.</p> <p>Momentum Church – Food boxes of staples can be made up delivered to Council for distribution. They are low on supplies, and at this stage have mainly tinned goods left. The contact is Cassandra Parry – Abram Email: Parry-Abram.Cassandra.J@edumail.vic.gov.au</p> <p>Meredith Primary School Meredith Primary School have a small food pantry that is located outside the school for community to access. This is stocked by the school with donations, and really is a quick option for the Meredith community, to be fair to the school it’s not something we would promote widely more it for us to be aware that it is there.</p>
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<p>Food & Vouchers (cont....)</p>	<ul style="list-style-type: none"> • 227 Albert Street, Sebastopol Closed till further notice • 103 Napier Street, Creswick Closed till further notice <p>phone for assistance. 5333 0600</p> <p>Hilltop Church – Food bank, lunch and haircuts</p> <ul style="list-style-type: none"> • Free lunch on Thursdays Closed till further notice • Free bread alternate weeks and free men’s haircuts last Thursday of the month. Closed till further notice • Food Bank – fresh produce Friday 1.30pm – 2.30pm Open at this stage, contact first to confirm <p>503 Mair Street, Ballarat 3350 (03) 5331 5957</p> <p>The Seventh Day Adventist Good Samaritan Centre- food pantry \$5 donation for a bag of groceries (pantry staples and fresh food) Available to everyone, no registration required. Thursdays 12pm -1pm Cnr Learmouth & Grevillea Road, Wendouree</p> <p>Ballarat Neighbourhood Centre – meals & food Fridays - Take away meals, Fruit, Bread & Vegies Tuesdays & Thursday – Bread Must call to book an appointment for all food collection 5329 3273 Ballarat South Community Hub, 11 Tuppen Drive, Sebastopol</p>	<p>displayed). Vouchers are provided through a number of local charitable and welfare organisations.</p> <p>Facebook: https://www.facebook.com/pg/Bacchusuptopayitforward/posts/</p> <p>For more information please call Judy on 0434 389 721</p> <p>Uniting Care Outreach, Ballarat - Assistance Offered to people experiencing a financial crisis (including support for Moorabool Shire residents). Uniting Care Outreach has a number of programs which provide emergency relief and material aid. <u>The Emergency Relief Program</u> provides support and assistance to those in crisis and/or experiencing difficulties meeting basic needs. Assistance includes food, vouchers, prescriptions, etc. Families or individuals can ring and make an appointment to see a worker. Phone for an appointment. <u>The White Good Loan Scheme</u> provides interest free loans to low income families to facilitate access to white goods. <u>The Breezeway</u> – Meals for Homeless People program provides nutritious meals for people who are homeless, have no access to cooking facilities or do not have the skills required to prepare a meal. Opening Hours: General – 9am to 5pm (Monday to Friday) The Breezeway – 10.30am to 1.00pm (everyday) 105 Dana Street, Ballarat VIC 3350 General Enquiries - (03) 5332 1286 / enquiry.ballarat@vt.uniting.org The Breezeway – (03) 5337 2721 / nbailey@ucare.org.au http://www.unitingcareballarat.com.au/</p>	<p>Creswick Neighbourhood Centre - food Neighbourhood Share is a ‘food is free’ initiative receiving community donations of food and other items for locals. ‘Second Bite’- Bread and vegetables available on Tuesday afternoons. 21/19 Victoria St, Creswick.</p> <p>Clunes Neighbourhood Centre #FoodisFree Donated fresh produce and food items. People are asked to be kind and take safety precautions. Please don’t leave food that is out of date or has been cooked. 70 Bailey Street, Clunes</p> <p>Cup of sugar/Cup of kindness (for Clunes locals) Facebook community group to provide local updates of available support and services. If you have meals you’d like to distribute, Cup of Sugar/Cup of Kindness have volunteers delivering meals periodically. www.facebook.com/groups/826374987772453/?ref=group_browse</p>	
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<p>Food & Vouchers (cont....)</p>		<p>Anglicare (Ballarat) - offers assistance with emergency food relief (including support for Moorabool Shire residents). Anglicare Victoria is a Christian not-for-profit organisation that creates opportunities to transform futures in order to prevent, protect and empower disadvantaged Victorian children, young people and families.</p> <p>No appointments are necessary.</p> <ul style="list-style-type: none"> • Ballarat: 14 Victoria Street, Bakery Hill VIC 3350 (Monday to Thursday 10.30 to 12.00pm) • Sebastopol: 227A Albert Street, Sebastopol VIC 3356 (Friday 10.30am to 12.00; Closed Saturday & Sunday) <p>Administration – (03) 5332 9788 Emergency Relief – (03) 5338 8651 Email: bridget.clarke@anglicarevic.org.au http://ballaratanglican.org.au/anglicare/</p>		
<p>Meals</p>	<p>BreezeWay Meals Program (Uniting Care) – for collection of hot meal and sandwich/cold packs. One of each available per person</p> <p>7 days a week 11.30 to 1pm. 105 Dana Street, Ballarat</p> <p>Meals for Change (No new referrals at this stage) Support young people (aged 15-25) to access affordable meals in local cafes (Some cafes due to COVID-19 may have limited service at this time) Contact Jen on 0407 814 126</p> <p>Anglicare Victoria - community breakfast is now take-away Monday – Friday 8.30am - 10am 49 Lydiard Street South, Ballarat</p>	<p>Soul Food, We are now temporarily operating out of St. Bernard's Catholic Church, located at 61 Lerderderg St, Bacchus Marsh. We are still providing the same nutritious hot meal, but as a Take away meal, as well as bread, fruit, and cake. This is provided each Wednesday (excluding School holidays) at 12 noon.</p> <p>Some assistance with groceries and meals is still available. Please contact Jenny for further information.</p> <p>Please call Jenny if you need support at this time, some assistance with groceries and meals may be available</p> <p>Enquiries – Jenny Kearney 0408104155 / jennykearney1206@hotmail.com 18 Gisborne Road, Bacchus Marsh VIC 3340</p>	<p>Meals on Wheels - Tasty meals delivered to your door Monday – Friday by amazing staff from Central Highlands Rural Health, Hepburn Shire Council and community volunteers.</p> <p>To find out if you are eligible please call 5321 6500.</p> <p>National Hotel Clunes Offering delivery and pickup of meals from Thursday to Sunday. Please call 5345 3005 or alternatively visit www.facebook.com/nationalhotelclunes</p>	

<p>Meals (cont....)</p>	<p>Food with Thought - Home cooked, frozen meals Catering for families and individuals in Ballarat and District, 7 days a week. Pick up can be weekly, fortnightly or monthly. To order meals and all enquiries contact Tina on 0427 844 312 Peel St Nth, Black Hill</p> <p>Ballarat On Track Foundation Soup Bus - free hot dinner (reduced hours) Registration is not required Monday – Thursday 7.00pm-8.30pm Sunday 5 pm – 6.30pm 124 Armstrong St South, Ballarat. (Cameron’s Welding and Industrial Supplies) https://www.facebook.com/TheSoupBuss/</p> <p>Ballarat Neighbourhood Centre (as above) Fridays, 12:30 – 2:30pm. - Take away meals (Second bite produce is also distributed, as per above section) To find out more or register for takeaway meals call 5329 3273 11 Tuppen Drive, Sebastopol</p>	<p>https://themarshuca.org.au/st-andrews-bacchus-marsh-unitingchurch/regular-calendar-events/soul-food/</p> <p>Country Kitchen – a small range of more 'picnic' style items as well as a limited range of budget meals. Contact-less pick up or delivery available. www.countrykitchen.com.au/covid-19 Jill 0417829675 email: jill@countrykitchen.com.au</p>		
<p>Community Gardens / Markets / Supermarkets</p>	<p>YMCA Delacombe Community Garden For people to obtain fresh fruit, vegetables and herbs, the garden is open all year round 16 Nandiriog Drive Delacombe</p> <p>Food is Free Laneway closed to the public until further notice</p>	<p>Woolworths and Australia Post are working together to deliver \$80 basic boxes - https://www.woolworths.com.au/shop/page/woolworthsbasics-box</p> <p>Coles Online Priority Service - www.coles.com.au</p> <p>IGA Ballan – deliveries https://ballan.countrygrocers.com.au/</p>	<p>Daylesford Sunday Market Daylesford Sunday Market is currently operating as a local produce and local food market for the Hepburn Shire from 8am-1pm. From 8am- 9am is elderly, disabled and vulnerable shopping hour only. Please adhere social distancing measures and use hand sanitisers upon entering.</p>	

<p>Community Gardens / Markets / Supermarkets s (cont....)</p>	<p><u>Food is Free Laneway</u> is a space for people to drop off or collect veggies, fruit and herbs and connect with the neighbourhood.</p> <p>Corner Ripon St South & Warrior Place, Ballarat</p> <p>Food is Free Green Space, located at the Western Oval, is available for at-risk or marginalised community groups to grow food en masse, either for themselves, or to be placed at the nearby Food Is Free Laneway for others to share.</p> <p>www.foodisfree.com.au</p>	<p>IGA Darley (Champions IGA) - https://www.championsiga.com.au/</p> <p>IGA are also doing a Supplies Package for Vulnerable – IGA PRIORITY SHOP https://igashop.com.au/?utm_source=email&utm_medium=banner&utm_campaign=priority_shop&utm_term=wk_15&utm_content=image</p> <p>Fruits of Life - extra delivery days specific for Bacchus Marsh, Melton and Eynesbury http://www.thefruitsoflife.com.au/delivery.asp</p>	<p>Locals Declare Businesses and farm gates offering takeaway, groceries and home delivery right across the region https://localsdeclare.com</p> <p>Tonna's Fruit and Vegetable Orders can be placed online for next day pick up. Alternatively call 03 5348 1119 https://www.tonnasfruitandvegetables.com.au</p> <p>Coles Daylesford Open 7am to 8pm every day, with the first hour of trade on weekdays exclusively for Coles Community Hour: Mon, Wed, Fri - elderly customers and others in need of assistance who simply need to present a government-issued identification card Tues and Thurs - emergency services and healthcare workers</p> <p>IGA Creswick Open 7:00am-8:00pm Monday to Saturday and 8:00am-7:00pm Sunday. Free home delivery service available to self-isolating elderly, disabled and vulnerable Creswick residents. Phone 5345 2210.</p> <p>IGA Clunes Open 9:00am-6:00pm, Saturday to Wednesday, and 9:00am-5:00pm Thursday and Friday. Free home delivery service available Tuesdays and Fridays to self-isolating elderly, disabled and vulnerable Clunes residents. Please provide 24 hours' notice on 5345 3110.</p>	
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**Community
Gardens /
Markets /
Supermarket
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(cont....)

IGA Trentham

Open 8:00am-7:00pm Monday to Saturday and 8:30am-7:00pm Sunday.

Currently online ordering service available to self-isolating elderly, disabled and vulnerable Trentham residents at <https://trentham.countrygrocers.com.au/> or contact via phone on 5424 1691

Woolworths

Priority assistance delivery service available to eligible customers include seniors, people with a disability and those with compromised immunity or who are required to self-isolate. www.woolworths.com.au/shop/discover/priorityassistance

Hepburn Wholefoods Collective

Hepburn Wholefoods is currently providing online ordering of their stock. Community members pay an annual fee and can then purchase a range of local fresh produce and organic wholefoods. For all enquiries please email members@hepburnwholefoods.org.au or visit www.hepburnwholefoods.org.au/

Creswick Wholefoods Collective

Community Group bringing Organic, locally grown or Products of Australia to their members. Place online orders by Tuesday for Thursday Pick up. Community members pay an annual fee. To place order email creswickwholefoods@gmail.com or visit www.facebook.com/creswickwholefoodscollective/ for more details.

Clunes Victoria

Webpage with an online store that includes the Clunes Greener Grocer, Mt

			Beckworth Winery, Long View Farm & Meats and Widow Twankeys. Visit www.clunes.org	
Other	<p>Centacare's Emergency Relief – CENTRAL HIGHLANDS WIDE SERVICE</p> <p>Centacare's Emergency Relief provides financial or material aid to assist people experiencing financial hardship. Emergency Relief can be accessed by anyone experiencing a financial crisis which has left them unable to pay for necessities such as food or fuel.</p> <p>Centacare's Emergency Relief program covers South West Victoria and Central Highlands catchments (please contact our office on 1300 303 988 if you are unsure of the areas included in these catchments)</p> <p>03 5337 8999 / 1300 303 988</p> <p>4 – 6 Peel Street North, Ballarat (Central Office)</p> <p>One Humanity Shower Bus - shower and clothes washing facilities</p> <p>White Flat Oval, Moyle and Hickman Streets, Ballarat</p>	<p>Child and Family Services (C.A.F.S), Bacchus Marsh - The financial counsellor at C.A.F.S. offers support to people in financial crisis. Financial planning assistance and advice is also offered. Contact the financial counsellor for an appointment.</p> <p>C.A.F.S. Ballarat also offers other support services to individuals and families.</p> <p>Food hampers and vouchers are not provided by this organisation.</p> <p>Opening Hours: 9am to 5pm Monday to Friday</p> <p>52 Grant Street, Bacchus Marsh VIC 3340 Administration – (03) 5367 9900 Financial Counsellor – (03) 5337 3333 Email: bm@cafs.org.au Or visit https://cafs.org.au/</p> <p>Salvation Army Ballarat - Assistance available for residents of Moorabool Shire Council in crisis - Emergency Relief; Financial Counselling and Budgeting Services; General Counselling</p> <p>Phone at 9:30am to make an appointment</p> <p>Opening Hours: 9.30am to 2.30pm (Monday to Friday)</p> <p>102 Eureka Street, Ballarat VIC 3350 (03) 5337 0600</p> <p>email: corpsofficer.ballarat@aus.salvationarmy.org</p> <p>or visit http://www.salvationarmy.org.au/en/FindUs/Victoria/BallaratCommunityChurch/Community-Support/</p>		<p>Woolworths and Meals on Wheels Partnership</p> <p>Woolworths has begun working with Meals on Wheels via their network of volunteers to help deliver toilet paper directly to the elderly in the community.</p> <p>The support is intended to help vulnerable and elderly shoppers overcome some of the challenges they have been facing in securing essential items like toilet paper, due to recent unprecedented customer demand.</p> <p>Volunteers will hand deliver a 4-pack of toilet paper along with their usual prepared meals to those they service in the community.</p> <p>Further support will be implemented over the coming weeks.</p>

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