

Case Study 3: Identifying opportunity and supporting our community during COVID-19 pandemic

enliven's expertise in partnerships and prevention - Informing action in the COVID-19 recovery phase

enliven's Health Promotion and Prevention Journey*

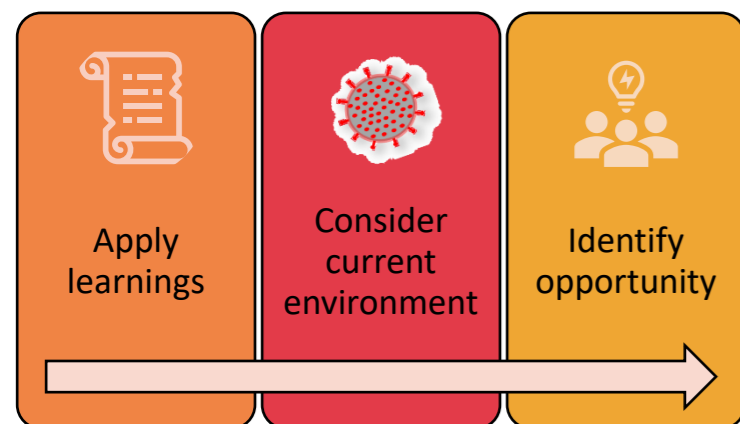
Adapting to COVID-19



*This map has a focus on obesity prevention activity. enliven is also active in the following areas from a prevention, health promotion and/or resilience perspective: Refugee and asylum seeker health, climate change, AOD, PVAW, cultural diversity, healthy ageing, mental health, and youth resilience.

Case Study 1: Identifying opportunity and supporting our community in the COVID-19 recovery phase

Applying our learnings



SE Prevention Leadership COVID-19 Recovery Plan priority areas

Consumer insights

Monitor how our community is coping, now and during recovery phase. Commitment to share information collected across agencies to inform future collective action

Impact on neighbourhood houses

Focus on building staff and volunteer base post shutdown, increased focus on reconnecting socially isolated community members, building community confidence to participate in activities in a community setting, and reaching highly vulnerable community members and support re-engagement

Gender lens on COVID and recovery

Development and distribution of key messages and health promotion awareness on impact of COVID. Potential capacity and capability building through WHISE existing platforms on SRH and PVAW - applying gender lens.

Maintain positive impacts

Focus on maintaining the positive impacts of COVID-19 which contribute to mental and physical health and wellbeing and social connectedness. This includes increased physical activity, the kindness pandemic (incidental volunteering, looking after our neighbours, social connectedness) and food security (backyard and community gardening, etc)

Resource development

Continue efforts in easy English and plain language resource development during the recovery phase - shared and distributed amongst networks of the SEPLG

Chronic disease management

Disruption of care, diversion of health care resources and social distancing all impact people with chronic health care needs. SEPLG to continue to share work ongoing in this space and if there are appropriate opportunities for collective work, these will be explored further.

Our community

